



The New Visionary E-Newsletter

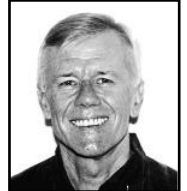
Volume 1

Providings Tools to Release the Power of Human Genius, for a Better World.

A SPECIAL MESSAGE:

About

Stress, Superlearning, Emotional Management and Intuitive Development from: Bob Jajko BBA., Director - New Vision Institute.



Scientific Research Reveals:

A revolutionary sound technology that dramatically decreases Stress, and drastically increases Longevity, Intuitive Intelligence, Creativity, Memory and Learning Ability!!

USED BY OVER 1,000,000 PEOPLE, WORLD WIDE.

Dear Friend,

I've spent most of my adult life researching the latest discoveries in the field of Human Potential and Consciousness (Intuitive Intelligence, Creativity & Super Learning) - an exciting field, full of possibilities for abundant, happier, healthier and successful living, which were only a dream just a decade ago!

If you're even remotely interested in living longer, with a healthier and higher quality of life...lowering your stress level..., sharpening your mind... significantly improving your emotional health... and creating a successful and abundant life - please take a moment to carefully read every word of this letter!

As Director of **The New Vision Institute**, I'm constantly looking for new techniques and products which enhance and expand Human Potential. I've recently found something so exciting and so effective I just had to tell you about it - a technological discovery which has already had a dramatic affect on the lives of over 1,000,000 people, worldwide. In fact I have personally used this technology for nearly 7 years, to expand my creativity, intuition, learning ability and enhance emotional balance.

This exciting new breakthrough is called Mind Aerobics® and it's based on the proven effects of a powerful sound technology called Holosync®. Simply put, certain precise Holosync® audio tones, when embedded beneath soothing music on cassette tape or CD, create remarkable (and permanent) positive changes in listeners.

This amazing sound technology can actually put you -

very safely, quickly, and easily - into states of...

- Profound stress release and relaxation.
- Increased feelings of health and well-being.
- Significant slowing of the aging process.
- Laser-beam focus and concentration.
- Enhanced memory.
- Superlearning.
- Dramatically enhanced creativity and intuition.
- Healing of long-standing emotional problems.

As amazing as it may seem, listening to cassette tapes or CDs with this sound technology added (by the way, this has absolutely nothing to do with subliminal messages) significantly improves health... expands conscious awareness...helps resolve long-standing emotional problems...improves memory and learning ability, and of course dramatically reduces stress...leading to a more positive, balanced and healthier life.

As a Consciousness Researcher and Teacher as well as a Practising Medical and Business Intuitive I am always looking for ways to expand my abilities. I was amazed the very first time I used this technology myself. What the research was saying was absolutely true! As I continued to use the technology on a regular basis, I began to develop a new sense of balance and "flow" in my life. When I learned how it worked, it made total sense. And here's what I discovered:

For many years, science has known that in human beings certain electrical patterns in the brain correspond to different mental abilities and different mental states.

Most of the time, we're in what is called a Beta brain

wave pattern - the pattern of normal waking consciousness. Beta waves are associated with concentration, alertness, and cognition. At its highest, most rapid levels, though, Beta is associated with anxiety, disharmony and unease. (Of course, the ability to slow yourself down when you're at those levels would be beneficial to you.)

If we relax a bit, we go into an Alpha brain wave pattern. In an Alpha brain wave state, a person is very relaxed, but also - very effortlessly - remains focused. Concentration is easy in this state. In fact...

The mind takes in information, stores it, and remembers it at a level far higher than normal!!

That's right. This technology can actually improve memory! In one study, students test scores were not only higher than normal, but were accomplished in only half the study time! In another, time spent studying was reduced 24% - while recall increased 26%!

Alpha is also often associated with what is known as "superlearning"- the ability to learn, process, store and recall large amounts of information quickly and efficiently.

As we get older, we begin to lose the ability to enter these high performance brain wave states at will - but *Mind Aerobics*® provides a way to enter them any time, at the push of a button!

Slower still are Theta waves, produced during dreaming sleep, but also associated with increased creativity, intuitive or "ah-ha!" experiences, increased memory, and what are called integrative experiences (in which we make broadly-based positive changes in the way we see ourselves, others, or a certain life situation).

Theta is also the brain pattern of (among other things) increased creativity and profound intuitive ability . It is the brain wave state in which Thomas Edison's and Einstein's greatest ideas came to them! Some call it being "in the zone!"

Dr. Thomas Budzynski, a noted researcher in this field, has said that critical and often self sabotaging filters of the left brain (conscious mind) are by-passed in a Theta state, and that in terms of making positive changes in beliefs or habit patterns, "a lot of work gets done very quickly."

Best of all, Theta is also a state of tremendous stress relief! In the slower Theta brain wave pattern, the brain makes lots of relaxing endorphins that really do - as you will see when you try it for yourself - melt your stress away.

The slowest brain wave pattern is Delta, the brain wave pattern of dreamless sleep. Generally people are asleep when they are in Delta, but there is evidence that it is possible to remain alert in this state - a very deep trance-like; non-physical state in which you enjoy a corresponding increase in balance between the two hemi-

spheres of the brain.

This balance is called brain synchrony, and taps you into what scientists call whole brain thinking, the type of brain function associated with geniuses - the Einsteins and Mozarts of the world. Amazingly, it is not only possible - but actually easy - for you to develop this type of high-performance thinking!

Before now, it was difficult - if not impossible - to reach these beneficial brain states without a lot of mental gymnastics and complicated mental techniques.

But with the Holosync® audio technology used in the Mind Aerobics® programs (based on original research performed at Mt. Sinai Medical Centre in New York and published in a 1973 paper in Scientific American called "Binaural Beats in the Brain") it is possible to create any of these brain wave patterns, easily and effortlessly...in anyone's brain! This research was further supported by the work of Nobel Prize winner Ilya Prigogine, and work at research centres such as the Menninger Clinic, Centerpointe Research Institute and in 1998 by Dr Vincent Giampapa MD., and anti-aging specialist, at Longevity Institute International whose work with *Mind Aerobics*® technology **found significant reduction of the aging hormones and even greater increases of anti-aging hormones, after only three days use.**

Dr Giampapa's work also validated how:

Holosync® technology stimulates the mind, precisely creating different combinations of Alpha, Theta, and Delta brain wave patterns that stimulate a number of positive changes in the brain, including:

- **Greatly improved mental abilities**
- **Heightened learning ability**
- **Enhanced intuitive and creative ability**
- **Dramatic reduction in stress and anxiety**
- **Improved Health and Emotional well being**
- **Enhanced memory**
- **More happiness and "flow" in your life**
- **Better, more restful sleep**
- **Production of vital neurochemicals that keep the body young, and healthy**

The *Mind Aerobics*® package consists of three **powerful soundtracks:**

#1. Super Focus and Concentration - Places you in an Alpha brain wave pattern, the brain wave pattern of relaxed, alert attention often associated by scientists with "super-learning." Reading, or any kind of "focus" work is almost effortless when listening to this incredible soundtrack.

#2. Super Stress Release - This beautiful soundtrack places you in the deeper Theta brain wave pattern, one of deep relaxation... and super stress-release. Your brain is bathed in stress-releasing endorphins and other beneficial neurochemicals, which I can tell you from my own experience, feels very good!

#3. Mind Aerobics Basic Workout - The Basic Workout is the core of the Mind Aerobics® program. It gradually takes you through Alpha, through Theta, and finally into a deep Delta brain wave state. It's an instant and deep meditation usually experienced only by those who have meditated for decades! This is the soundtrack that most powerfully creates the changes, I mentioned earlier.

One final word, not only does the Mind Aerobics® technology, provide the benefits I have outlined, but it is also one of the most powerful Emotional Healing tools I have worked with for over 15 years.

With the Mind Aerobics® audio technology most people experience remarkable resolution of mental and emotional limitations, that in some cases had plagued them for years.

Anger, fear, self-sabotage, anxiety, and a host of other problems, begin to fall away - not overnight, but little by little, over time, as you continue to use the Mind Aerobics® soundtracks.

Your Mind Aerobics® package comes with complete instructions, so you can get the most from this powerful tool. Although it was designed for people in high-powered, high stress, demanding fields, it is effective for any one who wants to boost mind power, intuition and creativity, reduce stress, increase longevity, and....

dramatically increase their Personal Power and Performance in any area of their life.

OUR OFFER

The Mind Aerobics® products offered through New Vision Institute are already the most competitively priced! However, if you order now.... you will receive.... our full one year money back guarantee....plus...our unique counselling support service (worth \$120.00) on the use of the Mind Aerobics® system (conditions apply*)... plus... we will also include FREE - a fascinating report, entitled " The Science Behind Mind Aerobics," detailing the scientific research that went into the creation of this remarkable product.

ATTENTION:

All Therapists, Medical Practitioners, Psychologists, Stress Management Counsellors, Emotional Management Specialists. The Mind Aerobics® product range is an ideal adjunct to the treatment of all "stress related" disorders. **A special program is available to practitioners who wish to offer the Mind Aerobics® technology to their clients.**

* Telephone Counselling Support Services, limited to one free 30 minute consultation only, and this is offered for a period of 6 months only from the date of product purchase. Cost of telephone call is at client's expense. Counselling services after the expiry date or after use of the free service, is billed at a rate of \$60.00 per 15 minutes, at pre-paid rates.

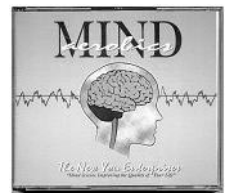
FAST ORDER PROCESSING

To take advantage of this offer, have your Credit Card handy and call our
Freecall Number: 1800 657 099Right Now!!

Yes - I want to be Emotionally Balanced, Stress Free, Intuitive, Creative, and with an Enhanced Learning Ability and a Healthier Life. Please send me the Mind Aerobics® program. **(Please tick)**

- \$195.00 plus \$13.00 P&H (Tapes)
- \$225.00 plus \$13.00 P&H (CDs)
- Order quantity ___ units
(Allow 10 - 21 days for delivery)

- Send me a copy of the Practitioner Incentive and Referral Program.
- Send me a copy of the Genius Potential and Personal Growth Catalogue.
- Send me details of the Intuitive Mastery Coaching Programs.



I am paying for the *Mind Aerobics®* program by:

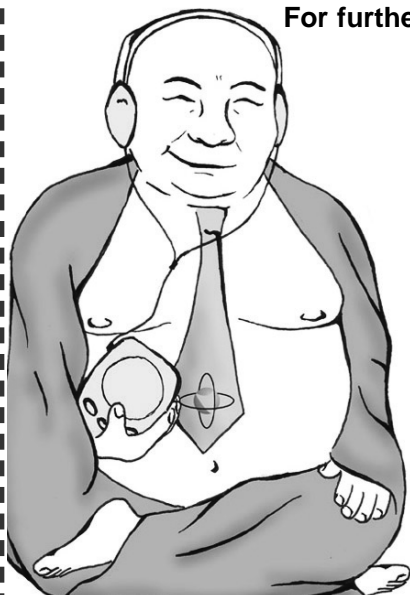
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