



The New Visionary Newsletter

Volume 2

Providing Tools to Release the Power of Human Genius, for a Better World.

Changes and New Directions for 2003.

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Dear fellow travellers,

Welcome to volume 2 of our newsletter. As you see from the headline, we are moving in new directions and are very excited about the changes that will occur within the New Vision business for 2003. For many of you who have been associated with us for the last 10 years, you have known myself and this business, in association with consciousness development and intuitive training, mainly in the area of Medical Intuition.

However, for those of you who have an understanding of numerology, I am in a personal year 1 which is actually the beginning of a new cycle for me and the business. A cycle of expansion, of growth, of new horizons and new directions, some of which may mean letting go of what we formally were or have been. For those of you who have been with us since the beginning I would sincerely like to thank you for your support, encouragement and love and I hope and trust that you'll remain with us on this new and greater journey.

For those of you who have not yet put your feet into our pond, so to speak, our pond has grown larger and is now ready to accept more and more feet. With this I mean, we will be going in the following directions for 2003.

The first area that New Vision will be evolving is, as a major provider of mail order self help audio programs and home based audio training courses. Our objective is to become a one stop shop, and the most prominent provider, of personal growth home based audio products in Australia. (See feature Page 4)

As from July 2003, the medical intuition level one workshops will cease as you know them. And this will be substituted

with the Intuitive Mastery Coaching Programs. (See story Page 2) There will be one last opportunity for those who wish to experience a medical intuition workshop to attend the final seminars in Brisbane, Sydney and Melbourne in June 2003. (See more details Page 3)

For those of you who missed the opportunity to get the special deal on the Mind Aerobics programs in our last newsletter we are offering this special price for CD sets only once again on our 28 day limited offer, so if you personally have a problem with stress or simply wish to learn to relax or meditate, or expand your intuitive abilities then this is another opportunity to buy the product at a greatly reduced price. (Page 5)

We will also be expanding our consulting and guidance services. Most of you have known me for my abilities as a medical intuitive and trainer however, what you are not aware of is my work and my abilities in the area of business. (Page 6)

We are always happy to hear stories and get feedback from people who have used our products or been to our workshop. Give us a call or send us an email. May you all travel in peace and prosperity.

Bob Jajko
Director



EMAIL COMPETITION

Send us your email address; by email: including your full name, contact address and phone number and you will go into the draw to win one of 6 Intuition by Design sets valued at over \$70.00.

Entry is not valid without full name, address and contact phone number.

Please send your email to
newvision@newvisioninstitute.com

Intuitive Mastery Coaching Program

Wise Saying

"Most of us are living at the periphery of consciousness, while intuition invites us into the centre."

- Willis Harmon

Wise Saying

"The greatest unexplored territory in the world is the space between our ears. Seriously, I am certain that learning organizations will find ways to nurture and focus the capabilities within us all that today we call 'extraordinary.'"

- Bill O'Brien, CEO, Hanover Insurance

Towards the end of 2002, I was reviewing what had been achieved over the last 5 years or so with the Medical Intuition Workshops. I began to evaluate the numbers and types of people that came through the seminars and then looked at the numbers that had chosen to advance their Medical Intuitive skills to a higher level. I realized that very few were actually proactively moving towards mastering this ability, let alone working towards attaining a professional standard. In fact the figure of those who had pursued higher levels of the workshop program was less than 2%.

So I decided to do a little bit more research. What I discovered was that once people left a workshop, many did not practice the skills, most did not use the skills and certainly the majority did not integrate the skills into their daily lives, let alone their professional practice. The fact was that most hid this ability from their clients or others, and many had not dealt with the underlying fear of "getting it wrong", or overcome the problem of trusting intuitive insights so they could confidently use it, in both their personal and professional lives. This also answered the question why many former students were reluctant to provide referrals about their training.

When I reviewed the learning and teaching processes involved with intuitive and creative development, I had to reflect on my own personal evolution in this area and also the intuitive evolutionary processes of others such as Caroline Myss (best selling author and Medical Intuitive). What became apparent was that their (training) evolved in many cases through self observation, self awareness, a daily discipline and a dream or vision that they could use this ability to help others and make a difference to their community and the world.

What I was seeing here, were people that were prepared to turn their visions and dreams into reality and action, and were prepared to use this evolving personal power for the betterment of their fellow man and the planet. In fact, a leading business publication quoted, that less than 7% of people ever actually achieve or take action in achieving their dreams. An interesting statistic isn't it? The other thing I noticed amongst many leading figures, is that in 90% of the cases most of them had a personal mentor or coach who assisted or contributed to their growth, success or leadership. Have you noticed that most of the

world's truly successful sportsmen, writers and achievers have personal coaches or mentors. Even Caroline Myss did not achieve the prominence or the pinnacle of her intuitive capabilities until she met and was coached by Dr Norman Shealy.

So what were the common elements that this research produced? People who become great or successful in their chosen sphere of area are passionate about what they do and what they want to achieve. They live, breathe, eat and sleep their passion. They also have a dream of their achievements, successes and their life direction, and put in the effort, energy, discipline, time and financial resources to achieve this vision.

It is people such as this that can contribute and make a difference to others, not only by their example but by the way they touch the lives of individuals, communities and the world in general. It has also been my personal ambition to provide and facilitate programs that incubate, nurture and grow people to become powerful in their own right; and to use the powers of intuition and creativity in a knowing, conscious and directed way, to change their lives and the lives of others. I personally find it far more satisfying to teach and facilitate the growth of 30 individuals who will become masters rather than 3000 that may do little, if anything with what they have been shown or taught.

Consequently I have devised and developed what I call the **Intuitive Mastery Coaching Series**.

This program is offered but not limited to the following specialty streams:

Health/Medical Intuitive consulting
Intuitive Business Consulting
Intuitive Life Coaching
Intuitive Emotional Counseling
Intuitive Leadership
Intuitive Investing
The Genius Mastery Premier Program

The first part or up to 10-15 teaching units of this program are spent on building a firm and grounded foundation for harnessing the power of intuition and creativity. After that, the program streams off into the student's selected specialty. This coaching program is tailored to your personal and professional requirements, but as importantly, to your visions and goals.

The **teaching processes are done by telephone at fortnightly intervals** and depending on the individual, and the specialty chosen, the processes to achieve mastery status would require a training period of 18-24 months.

As I mentioned earlier these programs are **individually tailored**, in general no two coaching courses will be exactly the same. However, I have listed below a sample of **some** of the topics that may be included in these programs.

- Overcoming personal obstacles to intuition.
- Overcoming fears of success and personal power.
- Learning to use your intuitive abilities to gain financial & business success.
- Dream work as an intuitive incubator.
- Building confidence and success in using intuitive skills.
- Using intuition for creative purposes.
- Using intuition in clinical practice for selecting remedies and healing modalities.
- Finer points of intuitive counseling.
- Integrating medical intuition into an existing practice.
- Developing a Medical Intuition Healing practice.
- Marketing and Networking your intuitive counseling skills.

- Building a successful and financially thriving intuitive practice or specialty business.
- The use of intuition in creating and manifesting your life goals and dreams.
- Using intuition to build financial wealth and business profits.
- Using intuition to have a harmonious and balanced lifestyle.
- Using intuition for personal health, diet and lifestyle.
- Applied intuition and creativity in the business environment

*For those of you who have already completed Medical Intuition Level 1&2 workshops and wish to proceed into a professional certification or associated diploma accreditation in Medical Intuitive Counseling this will now be only available as a tailored coaching program. **Level 2&3 workshops have been discontinued.***

The number of places available on the Intuitive Mastery Series is strictly limited to 20. Applications need to be made by personal phone representation in which we can assess the potential candidate's vision, passion and commitment to see the program through to completion. Once the quota is full, no further students can access the program until a vacancy arises. We will however take waiting lists.

If you would like to **discuss** the **Intuitive Mastery Program**, then call Bob Jajko personally at the New Vision Institute on **1800 657 099**.

Wise Saying

“Every great and commanding movement in the annals of the world is the triumph of enthusiasm. Nothing great was ever achieved without it.”

- Ralph Waldo Emerson

Medical Intuition Workshops Last Opportunity!!

This will be the last opportunity for those of you who wish to experience the Medical Intuition Level One Workshops before we convert full time to the Intuitive Mastery Coaching Series.

The workshops are offered at the same price of **\$495.00** which I point out has not increased for the last 3 years. If two or more people book collectively, a **10% discount** will apply to the booking. The courses will go ahead if a minimum number of 10 people are financially booked in 14 days prior to the workshop commencement date. If the course does not reach the minimum quota 14 days prior to the commencement date, the course will be cancelled and all deposits and payments will be refunded in full.

These courses will not be advertised and are simply being made available to those who made enquiries and have not yet acted on those over the past 18 months.

Course bookings with deposits of \$150.00 payable by credit card, will be accepted on our free call number **1800 657 099** business hours 9am-5pm EST or if the line is busy, leave a message and we will get back to you.

Alternatively you can fill in the enclosed booking form and return it with your payment.

See box for dates of Final Workshops.

WORKSHOP DATES

Brisbane

7th & 8th June 2003

Sydney

14th & 15th June 2003

Melbourne

21st & 22nd June 2003

**BOOK NOW
1800 657 099**

Develop Your Genius Potential In the Comfort of Your Own Home

You know, I personally have never been a workshop type person. I have always preferred to be able to do my growth work in my own space and in my own time, or to have the option of working on a one to one basis with a trainer.

Wise Saying

"The only tool a decision maker has at any moment is his or her intuition and sense of self."

- Ron Schulz,
Unconventional
Wisdom

In fact for the last 15 years or more, most of the tools that I have used for my own personal growth and creative development have come to me in a way of audio technologies and audio based home learning courses.

So impressed was I with the results of these products and programs that we have now arranged to supply them to the Australian market.

I have great pleasure in announcing that as from March this year we will release the **Genius Potential and Personal Growth Catalogue**. This catalogue currently contains over 60 individual products and courses covering three whole mind and consciousness development based technologies from companies who have been in business for well over 20 years. These companies are all leaders in their respective fields of excellence, and have collectively sold their products to multimillions of people, worldwide. We are very proud and excited to be able to offer these ranges and

give you access to a vast wealth of knowledge and learning opportunities.

The products within the catalogue cover a vast array of applications including but not limited to the following categories:

Changing behaviours	Health
Confidence/ Self esteem	Stress Relief
Spiritual Development	Consciousness
Creativity/ Intuition	Problem Solving
Emotional release	Expanded Awareness
Learning/ Memory	Personal Success
Meditation/ Relaxation	Weight Control

Even with the present range, there is a product for every human solution. However, by the end of 2003 we expect to expand this range to well over 200 individual products.

In order to augment the catalogue we will be offering a **free advisory service** to people who have difficulty in selecting or finding the right products for their specific problem or situation. The details of which are included within the catalogue.

If you **want more information** on the catalogue, or wish to request the Catalogue when it becomes available, please ring the **New Vision** office on **1800 657 099** in business hours or email your request to: info@newvisioninstitute.com.

Practitioner Referral Program

Wise Saying

"The most important trait of a good leader is knowing who you are. You have to do all your homework, but then you have to go with your intuition without letting your mind get in the way."

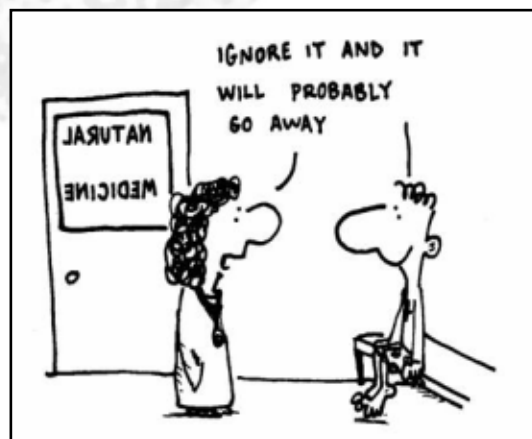
- Edward McCracken,
CEO of Silicon
Graphics.

We will also be implementing a practitioner referral program based around the products in the **Genius Potential and Personal Growth catalogue**. Many of the products in this catalogue are very powerful and useful tools that compliment any existing medical or non-medical practice and are ideal adjunctive programs for healers across the board.

For example we have audio tapes for stress management, behavioural changes, emotional release, learning difficulties, memory problems, sleep disorders, weight and eating disorders and so on and so forth.

We are hoping to encourage you the practitioner to begin to see past just your present range of therapies and to understand that the technologies we offer have a sound and proven record in their respective fields. In most cases they are once off purchases at very reasonable prices, to the client. The basis of the practitioner referral program is to reward you, the practitioner by referring your clients to us to provide the correct product for their needs.

For this you will be paid a referral commission, once you have **registered** for the program. This system is designed in a manner that is easy for you the practitioner, easy for the client and does not require you to carry stock. If you would like to be a part of the program please ring the **New Vision Office** on **1800 657 099** and we will send you out an information pack.



A Sound Solution to Stress Related Diseases

The word stress can be defined as: "pressure, strain, or a sense of inner toil resulting in our perceptions and reactions to events or conditions. A state of negative arousal usually associated with feelings of discomfort which we attribute to our circumstances or situation." If we look at the lives of people in society today, we see stress everywhere.

Environmental stress, emotional stress, chemical stress, work stress, financial stress and the list goes on. If we also look at the diseases that prevail in our society today, we will see huge increases in diseases such as hypertension, strokes, cardiovascular disease, autoimmune disease, sleep disorders, weight problems, eating disorders, migraines, chronic fatigue, fibromyalgia, diseases of the digestive system, skin diseases and on and on it goes. Today the medical establishment and medical science agrees and recognizes the contribution of stress to the creation of various diseased states.

In a broad based epidemiology study involving over 8000 people who had various stages of cardiovascular disease, it was found that 70% of these conditions were attributed to causes other than environmental, dietary or lifestyle. What the study found was the other 70% was due to emotional or stress related factors. In one particular study (Psycho-Somatic Medicine 2002; 64:714-26), it was found that most of the factors related to stress are emotional; and in fact when we looked at all the clinical evidence related to stress, emotional factors were the ones that contributed and directly affected the body's physiology the most. The study showed a direct relationship between emotional stress and the effect on the cardiovascular system, namely the increase in blood pressure. This is supported by a 15 year study of 3142 young adults who are classified as Type A, competitive or hostile personalities. The major features of the people in this study were their impatience, aggression, drive and inability to deal with their stronger feelings, creating hypertension and the future possibility of heart attacks.

Published in: *Australian Doctor*, 16th August 2002 entitled: **Job Stress Link to Chronic BP**: was a story relating to the research and acceptance that there is a causal link between workplace stress and long term hypertension. The story relates to a stroke patient who applied for disability compensation for a stroke related to hypertension and occupational stress. A leading cardio-vascular researcher who presented evidence to the Department of Veterans Affairs said that "the weight of evidence now supported the belief that sustained stress could contribute to cardiovascular disease, particularly in workplaces where people have little control over their work".

So how does stress affect our body? In very fundamental terms, when we go into stress states, the body produces a hormone called cortisol, (consider this to be the body's equivalent to the drug cortisone), swimming around in the body. It is there in high concentrations all the time. Long term effects of cortisol or (cortisone), actually causes a breakdown of every chemical and cellular system in the body including the immune system, and promotes premature biological aging, particularly in brain cells.

One of the problems with stress is a situation called "adaptation". That means the more stress we have and longer we have it, after a while we sort of get used to it and we don't notice that we are in a continuing stress situation. That's why when we go on holidays we usually sleep for a week - that's the body coming back to normal. To illustrate a point, stress "is like the frog that's in hot water and the water gets hotter, until eventually the frog boils to death."

There are many ways to deal with stress including diet, vitamin and mineral supplements, exercises, cognitive therapies and holidays etc. However when we look at the two most important cofactors to stress, that is the emotional and physical elements, we understand that the best way to manage stress is through some form of relaxation or meditative discipline. This is supported by over 200 clinical and scientific studies on the use and effect of meditation versus relaxation on the management of stress itself and stress related diseases. Most of these studies have found that the use of some meditative practice that alters the brain wave patterns to a very a low level such as theta, have a direct effect on lowering the body's adrenal and cortisol levels and stress reduction. It was also found that meditators were also better equipped to handle emotional upheaval or the emotions that contributed to stress.

In our volume one newsletter, we outlined the science behind and the benefits of a sound based technology called Holosync otherwise known as Mind Aerobics. This product has been sold and used by stress management practitioners, medical doctors and hospitals worldwide as a stress and emotional management tool. One of the problems with meditation is that human beings are habitual, lazy or resistant to change. The drop out rate for meditation practices is as high as 80% whereas the drop out rate for a technology based meditative system such as Mind Aerobics is less than 20%. This is because it is so easy to use, and can be used in the workplace as well as at home. The Mind Aerobics stress and emotional management system is an excellent way of providing yourself or your clients with a home based program of stress management they can use every day, and is an excellent adjunct to lifestyle or complimentary/ medical therapies.

If you missed the information in the last newsletter or wish to receive the **technical report entitled "Science Behind Mind Aerobics"** you may order these from the **New Vision Office**.

Special Offer

We are also featuring this product this month as one of our 28 day SPECIAL offers. The **Mind Aerobics Level One (CDs only)** set is being offered once again at **\$199.00 plus \$13.00 P&H** and that is a saving of **\$53.00** on our regular price.

Order your copy now with credit card payment by phoning our **freecall number 1800 657 099** or **see the attached order form**.

Intuitive Development By Design



Wise Saying

"The left brain never invented anything."

- Bob Jajko

The **Intuition by Design book and card series** was developed as a **self help program and a tool for intuitive and creative development.**

The Intuition by Design system has step by step, self training methods and systems which provide all the necessary mechanisms to solve problems using intuition and altered states of consciousness.

Unlike other divination systems however, the Intuition by Design system does not provide an author's answer to your problem; instead by following the guidelines and using the steps outlined in the book you will be self trained in using inner wisdom to retrieve the answers for yourself.

The geometric symbols on the face of the Intuition by Design cards are much more than simple lines and circles, the symbols actually are subtle energy systems which not only provide a link to the other-than-conscious realms of the human energy field, but actually affect the field in such a manner that the energy, within the person who has the problem, can be seen to shift.

We have experimented with many different training tools and intuitive divination systems and for the investment, we have found that the Intuition by Design system, if used according to the instructions, is by far the most powerful intuitive tool around today.

The IQ cards consist of thirty-six cards which are subdivided into three categories of twelve cards each. The cards carry a geometric pattern on one side and verse on the other. The function of each card is to guide the individual to their clearest possible intuitive knowing concerning a significant or compelling issue currently affecting their life. In effect the IQ cards are a bridge, linking intuition and intellect. Joining together in harmonious tandem that part of you that 'knows,' with that part of you which makes decisions.

For almost 15 years, Dr Victor Beasley, the author of the Intuition By Design system, worked as an intuitive trainer for major corporations in the US. He successfully trained thousands of senior managers, CEOs, engineers, scientists and military men in successfully using their intuitive and creative abilities to create innovation, more profit, new products and ideas in their respective disciplines. If the system worked for hard nosed, left brained business people, so it can for you.

The Intuition By Design system is available exclusively from New Vision at the cost of \$65.00 plus \$8.50 P&H.

Order now on 1800 657 099 or see the attached order form.

Intuitive Business Consulting

I have a confession to make. In the last 10 or more years I have been known for my work in medical intuitive counseling and intuitive development training in the health field.

What many of you may not know is that I have also very quietly worked in the business arena using my intuitive capabilities to assist small, medium and large businesses to

- make better decisions with confidence
- achieve their goals more quickly
- gain insight in people motivation
- act with better timing
- better understand market trends
- develop new products and markets.

In the capacity of an **intuitive business consultant** I have provided my clients with *fresh marketing strategies,*

innovative ideas to reposition their business, pictures of products and industry trends, intuitive intelligence providing new business opportunities, reviewing executive profiles for senior management, creative marketing ideas for products and services, assessment of partnerships and mergers, investment strategies and much more.

Today's business world is a complex plethora of change. Because the local and global economy is changing so quickly and rapidly that the use of past trends to predict business direction is flawed and a precarious practice. Future trends are virtually unpredictable and the amount of information required for any decision is so vast and voluminous it is almost overwhelming for most people.

The useful thing about intuition, is that with it you can sense and see the unknown and you can see or gain insights into aspects of a problem that have not yet revealed themselves.

This is a very powerful tool because it gives people like myself an edge in seeing and sensing information that may impact on a business problem or direction. **Impacts that may affect profitability, business direction or the very life of the business itself.**

Whether you are starting a business, have an existing business, whether your business is healthy or in dire straits, we can help. If you would like to discuss the **intuitive business consulting services** then call **Bob Jajko personally on 1800 657 099.**